Ossur Unloader One Knee Brace



 Front of knee brace when straps are open/undone.

Side of brace when straps are open/undone.

- Hinge goes on the inside of the right knee.

Two fastening buckles. (Yellow goes to yellow, blue goes to blue)

Two tension knobs.





Once brace is positioned, pull straps around the back of the knee and hook the buckles into their corresponding color bracket: yellow to yellow blue to blue Move clips forward and apply gentle

Move clips forward and apply gentle pressure until they snap/lock into place.



Turn the top tension knob clockwise until the yellow indicator is lined up between the two lines under the number 5. Repeat with the bottom tension knob.

Reverse above process to remove.

TENSION KNOBS:

- Must be "tightened" once the brace is applied they provide the support.
- Must be "released" first when the brace is taken off before undoing the buckles. Turn counter clockwise until the resistance is gone.

Do not undo/adjust the Velcro straps at any time – they have been adjusted specifically for this resident.

Wear Instructions:

To be worn throughout the day as tolerated, remove at night or at resident's request.

Care Instructions:

Shell – wipe with damp cloth

Straps and Liner – should be wiped regularly with damp cloth to remove visible surface soil; can be removed for thorough cleaning – hand wash in warm water with mild soap, hang to dry.